

STAY SAFE ONLINE...



Nottinghamshire
SAFEGUARDING
CHILDREN Board

Personal Information



- Be careful and think about how much you share online
- Never give your full address or phone number to people you don't know.



NOTTINGHAM CITY
Safeguarding
Children BOARD



Privacy Settings

- Make sure your social network profiles are private – if not anyone can see your information and posts
- Treat your password like your toothbrush, don't share it and change it regularly
- Password tip - use upper and lower case letters, numbers and symbols for a super strong password.



Stranger Danger

- Consider who you become 'friends' with online, not everyone is who they say
- Never meet up with anyone you meet online if you don't know them in 'real' life without a parent or carer
- If someone is aggressive or inappropriate learn how to report it and block them.

For further information visit <https://www.nottinghamshire.police.uk/advice/prevention/online>

Sexting



- Don't send rude pictures of yourself, they can easily be sent on
- You may be committing a criminal offence if you share a photo that was sent to you.

Cyber Bullying



- Respect others, you may not realise how your words affect people
- If you are sending unkind messages you may be committing a criminal offence
- Don't retaliate, always screenshot or save any nasty messages you receive and block the bullies.

Online Gaming



- Keep personal information safe, make sure you know how to report problems or block people
- Don't get stung with a huge bill, be aware of 'in-app purchasing'
- Downloading game cheats, may not be legal and you could be downloading a virus.

Where To Go



- Childnet.com
- Cybermentors.org.uk
- Getsafeonline.org
- Nspcc.org.uk
- Ceop.police.uk
- Call Childline on 0800 11 11

Social Networking



- Think before you post, whatever goes online can be shared and you could lose control of who sees it
- Be careful about the photos you share, do they give away lots of information about you?

REMEMBER



- If something doesn't feel right or safe it probably isn't. Talk to someone you trust
- All social network sites and YouTube have 'report' buttons. Use them.